# Older Adults and Financial Scams

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Many victims of scams or financial fraud are age 50 or older. But you can learn about financial abuse and take steps to protect yourself or your loved one.

# Financial fraud is a form of elder abuse.

- Older adults who live alone are at high risk.
- You can be scammed by a stranger or by someone you know.
- Scams can occur by mail, phone or door-to-door sales. They also happen through email and websites.



### There are many kinds of scams.

- Scams try to trick people into either giving out personal information or money.
- Common scams may include:
  - Risk-free investments, fake charities, free prizes or sweepstakes.
  - Sales of miracle health products or fake Medicare discount cards.
  - Fake calls or emails from your bank.



### Look for warning signs.

- Scammers may ask for money in advance. They may call it a deposit or handling fee.
- They may try to get credit card, Social Security or bank account numbers.
- Be cautious of offers that are "low-cost" or "no-risk." If it sounds too good to be true, it probably is.

### **Guard personal information.**

- Be careful if someone shows a new interest in your finances.
- Do not share credit card, Social Security or bank account numbers.
- Shred bills, receipts and other private records before throwing them away.
- Have Social Security or disability checks deposited right into your bank account.
- Read monthly bills and statements carefully.

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# Is someone you care for being scammed?

Look for:

- Sudden changes in a person's finances.
- Odd withdrawals from a checking, savings or credit card account.
- Abrupt changes to a will, power of attorney or property title.
- A large amount of mail, magazines or packages.
- Increasing phone calls or e-mails.
- Secrecy, shame or confusion about money issues.

#### Don't make on-the-spot purchases.

- Investigate before you spend money. Contact the Better Business Bureau. They can tell you if a business or charity is legitimate.
- ✓ Ask someone you trust for a second opinion.
- Do not give money to people who show up at your door. Never rush to send cash or wire money.
- Only buy items by phone or online if you have made the call or initiated the purchase.
- If you have to act immediately or "miss an opportunity" it is probably a scam.

## Sign up for the national Do Not Call Registry.

✓ Go to <u>www.donotcall.gov</u> or call toll-free 1-888-382-1222. Registration is free.

# If you are a victim of a scam or financial fraud...

- ✓ Don't blame yourself. Know that you are not alone.
- Talk to a trusted advisor, family member or care provider for guidance.
- ✓ You may want to contact the police or file a complaint with the Federal Trade Commission at 1-877-FTC-HELP (1-877-382-4357).

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### Consider naming a power of attorney.

- ✓ At some point, you may not be able to make financial decisions for yourself. You can choose a trusted person to do it for you.
- Talk to a lawyer or financial advisor about how to name a power of attorney.



Financial abuse can happen to anyone. Learn how to protect your money and your sense of security. For more information visit, <u>www.stopfraud.gov</u> on the Internet.



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