



Caring for Families Who Care



2022–2023
ANNUAL REPORT

2022–2023 Highlights

Del Oro Caregiver Resource Center and our Statewide System of California Caregiver Resource Centers were moved from the California Department of Health Care Services to the California Department of Aging through legislation.

Received additional funding through the Agency on Aging, Area 4 through the Title III-E Family Caregiver Support Program, Older Adults Recovery and Resilience (OARR) funding for Placer, Sacramento, and Yolo County for Caregiver Support and Respite Care.

September 2022 Cruise Around the World Fundraiser raised \$41,650, our first in-person event post-COVID.

Our Statewide System of California Caregiver Resource Centers is providing a robust menu of monthly education and training classes for family caregivers online in a variety of languages, <https://www.caregivercalifornia.org/event>.

On Big Day of Giving, May 4, 2023, we raised \$14,898 from 101 unique donors.

We increased our team of Family Consultants working directly with clients to 10, thereby reducing our wait time for new appointments from 22 weeks to a few days.



HOW YOU CAN HELP

There are many ways YOU can help the caregivers in our community:

- Volunteer your time! We would love your help and support throughout the year!
- Donate by mail—make your check payable to Del Oro CRC and mail to 8421 Auburn Blvd., Suite 265, Citrus Heights, CA 95610
- Donate Stocks or Mutual Funds
- Donate online at www.deloro.org
- Attend our Fundraisers

President's Message

WHETHER YOU ARE A DONOR, a client, a vendor, or simply a fan of the work that Del Oro Caregiver Resource Center does, there is no doubt that the topic of caregiving is personal to you. And you won't be surprised to find that caregiving is personal to every staff member, and every volunteer board member of this wonderful organization. We are all former, current, or future caregivers to someone who is or has been important to us, and we see the importance of supporting the caregiver so that ultimately our loved ones are supported with care, compassion, dignity, and empathy.

I am proud to say this is my 9th year on the board of Del Oro, though I'm sad that I will reach the end of my term in June 2024. I became a fan of the organization several years after losing both my mother and father after extended illnesses and dementia; they lived back east and I wished I'd had the kind of support network that Del Oro provides here in California. So, I went from Del Oro fan to volunteer in order to support the work for others. I'm now reaching a stage in life where I see that the point at which I move into a caregiver role is probably coming sooner than I hope. BUT, I'm thankful that in this next phase, I will have someone to turn to when things become heavy, because Del Oro will be here for years to come.

The Staff of Del Oro are some of the most committed folks I've met—passionate about serving their clients and work tirelessly to ensure the needed resources and connections are in place at the right time and the right place. We have one of the best Executive Directors around, who never stops planning, building relationships, going after funding, and troubleshooting when there are hurdles in the way. I've also watched the Board be diligent in its governance and fundraising responsibilities. These three things combined are the foundation to ensuring a strong and stable organization, poised to continue to serve for years to come.

Please take some time to check out our highlights in this annual report, some of the accomplishments we are particularly proud of, and review our financial soundness so that you too can feel good about the role you play in making sure this work continues for others.

Thank you for your support, both financial and in spirit!

Tricia Rosenbaum,
President

The Impact

OUR MISSION AT DEL ORO IS SIMPLE;

we strive to improve the well-being of family caregivers. We are very thankful our clients take the time to share their experiences with us. Here are a few comments to offer insight into the direct impact our services have in the community:

"The intake conversation and the materials subsequently provided increased my awareness of the many resources available to assist caregivers that I previously did not know existed. The person who helped me was compassionate and patient. I appreciate that she followed up via email, and scheduled a follow-up appointment. It's a relief to know that I have someone to turn to if I have questions or need more support"

"Del Oro has provided a strong foundation for my current caregiving situation. Wonderful service."

"I am very grateful and thank you for the help that I have received. I feel more relaxed and have hope for the future. Thank you very much and God bless you for having this program."



OUR MISSION

Our mission is to improve the well-being of family caregivers throughout their journey.

GUIDING PRINCIPALS

The Family Caregiver is the Client

The family caregiver is provided assistance and support, through a comprehensive package of services designed to enable families to keep their loved ones at home for as long as possible.

Family Caregivers are the Care Managers for their Loved Ones

Families participate in planning and service delivery and retain maximum control over care planning and decision making. In Placer and Sacramento Counties, we received funding from Agency on Aging, Area 4 to provide Case Management services to family caregivers caring for someone 60 years of age, or older, regardless of diagnosis.

Broad Focus across all Adult-Onset Brain Impairments

Families face similar needs and caregiving issues across diagnostic categories.

Programs and Services

Information and Referral:

Toll-free phone line available to those desiring information regarding impairment with referral to community resources.

Family Consultation/Case Management:

Assist caregivers in understanding the disease process, developing a plan of care, and accessing a support system.

Family Counseling:

Short term counseling with referral to local resources and professionals serving family members.

Respite Care:

Time limited substitute care to alleviate caregiver stress. Available through contracted vendors.

Legal/Financial Consultation:

One-time consultation provided by an attorney (community property, estate planning, etc.).

Education and Training:

Coordination of training and other professional educational programs in subjects related to research, diagnosis, behavioral management, stress reduction, etc

Support Groups:

Referrals to existing support groups; assistance in establishing needed support groups.

LAST FISCAL YEAR, DEL ORO CAREGIVER RESOURCE CENTER PROVIDED THE FOLLOWING SERVICES:

- 11,038 hours of family consultation with 1,447 family caregivers
- Over 1,048 hours of Case Management to 143 family caregivers
- 30,257 hours of respite to 570 family caregivers
- Education and training to 1,767 family caregivers
- Legal Consultation to 17 family caregivers
- 99 hours of Counseling with Licensed Therapists to 19 family caregivers



Financial Management

Del Oro Caregiver Resource Center's operating budget was \$2,812,600 for Fiscal Year 2022-23:

REVENUE COMPARISON BY YEARS

	2022-23	2021-22	Difference
CA State Department of Health Care Services	\$ 1,300,000	\$ 1,300,000	- 0 - %
Agency on Aging, Area 4	\$ 1,115,259	\$ 888,561	+ 25.5 %
Private Grants	\$ 274,201	\$ 237,339	+ 15.5 %
Contributions	\$ 68,292	\$ 87,698	- 22 %
Fundraising	\$ 50,725	\$ 4,028	+ 1,159 %
Other	\$ 4,123	\$ 2,525	+ 37.4 %
Total Revenue	\$ 2,812,600	\$ 2,520,151	+ 11.6 %

EXPENDITURES

Personnel	\$ 1,267,557
Consultants	\$ 30,6112
Operating Costs	\$ 327,364
Direct Services for family Caregivers	
Respite	\$ 1,107,886
Legal Consultations	\$ 2,660
Counseling	\$ 10,500
Total	\$ 3,022,079

Del Oro Caregiver Resource Center Extends Our Appreciation to our 2022-23 Grantors:

Agency on Aging, Area 4
 California State Department of Aging
 Lincoln Hills Foundation
 Parkinson's Association of Northern California
 Sacramento County Division of Behavioral Health Services

Contributors

A heartfelt thank you to our many friends and supporters who have enabled us to continue serving caregivers in need through your generous donations.

\$5,000.01 AND UP

Oakmont

\$2,500.01 - \$5,000

David Brown
Chancellor Health Care, Inc.
CiminoCare
Scott Hagel
Dianne Mattar
Carla Preyer
Patricia Rosenbaum
The Oars Senior Living

\$1,000.01-\$2,500

AlphaOne Ambulance
Medical Services
ApexCare Sacramento
Mike Bayne
Beulah Land Foundation
Bristol Hospice
Cynthia Buchner
Carleton
Kevin Clark
Kimberly Clark-Fitzbuck
Ana Lopez-Vera
Pegasus Elk Grove
Chris Penny
Patricia Pinkos
Quality In Home
Care Specialists
Sonrisa Senior Living
Gerald Thomas
Triple R Adult Day Program
Karen Zimmerman

\$500.01-\$1,000

Gail Arno
Tom Bollum
Craig Cares
Cynthia Castronovo
Cynthia Clark
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Joane Frye Williams
Jose Gonzalez
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\$250.01-\$500

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UP TO \$250

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Allyson Senior Solutions
Alzheimer's Care
Associates, LLC
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Elliott Andersen
Rene Anderson
Stephanie Andre
Jennifer Arey
Kasondra Armstrong
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Marilyn Bauer
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Falinda Geerling
Mircea Georgescu
Samantha Gilbeau
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Jennifer Gonzalez
Madeline Gray
Patricia Grimes
Carl Hall
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Sengmany Luangrath
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Margaret Manson
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Raiford Martin
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Jackie McGrath
Ginger McMullen
Bruce A Mills
Marla Mion
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Jerry and Eleanor Mitchell
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Jasmine Moore
Teresa Moraga
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Susan Munniks
Beth Murphy
Simone Nazzal
Curtis Nelson
Scott Okamoto
Cody O'Keefe
Luis Olivas
Maureen Olsen
Matthew Ong
Diane Oray-Wright
Tiffany Paige
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Kathleen Pelletier
Debra Penrice

Contributors

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Jeanne Peterson
Jon Peterson
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Jerry Piotrowski
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Kathleen Purcell
Victor Quintanilla
Tiffany Ramirez
Revere Caregiver
Support Group
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Sandra Ries
Julianne Rigali
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Robert Roina
Al Ruth
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Cheryl Wicks
Joanne Wilcox
Matt Wing
Gail Wiselogel
Mark Wolff
PH Wong
Karen Wood
Rachel Wood
Sarah Wood
Judy Yamada
JoAnn Yee
Bernice Zaborski

Our Foundational Roots

IN 1984, the Comprehensive Act for Family Caregivers of Brain-Impaired Adults became law, due in large part to avid advocacy of unpaid family caregivers in the San Francisco Bay Area. This legislation established the California Caregiver Resource Center (CRC) system that today represents roughly 5.5 million people. Since 1987, Del Oro Caregiver Resource Center has served as the greater Sacramento region's local CRC, carrying out our mission to improve the well-being of family caregivers through various services designed to support the physical and mental health of those caring for another vulnerable adult.

BOARD OF DIRECTORS

July 1, 2022 to June 30, 2023

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Luz Johnson, *CFO*

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Kendra Concannon, *Family Consultant*

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Cathy Robertson, *Family Consultant*

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Nikki Steers, *Family Consultant*

Rochelle Van Driel, *Family Consultant*

Kassie Westerman, *Family Consultant*

Stefani Wilson, *Family Consultant*

VOLUNTEERS

Volunteers are critical to our success!

*We appreciate and honor the help
and support of our volunteers.*

Taro Arai

Tom Arjil

Gail Arno

Tom Bollum

David Brown

Sondra Campbell

Jenny Caracciolo

Misty Charles

Matthew Crooks

Shasta Escalante

Lyndsey Parker

Christine Grymoles

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