

# Adopt A Caregiver Program

## About Us:

Del Oro Caregiver Resource Center is a private, non-profit agency dedicated to serving families and people who are providing care for brain-impaired adults and the frail elderly. Our mission is to improve the overall well-being of family caregivers and to provide support throughout the caregiving journey. For the past 31 years, Del Oro has had the privilege of offering services and support to caregivers in the 13 counties we serve.

## You Can Make A Difference:

Funds raised through the *Adopt A Caregiver Program* are set aside to relieve unpaid family caregivers so they are able to take a much needed break from their ongoing caregiving duties.

## Typical Caregiving Scenario:

An 85 year-old man who is caring for his wife with Alzheimer's disease. With minimal family support, he is providing care every 24 hours and wonders if he can handle another day. He had prostate cancer 10 years ago and missed his yearly check-up because he just didn't have the time. He has been short of breath lately and has experienced at least one fainting episode. When asked why he hasn't gone to the doctor, he replied, "I don't have the time. She's the one I worry about."

As a recipient of the *Adopt A Caregiver Program*, Del Oro is able to offer caregiver respite to help this loving spouse take time to care for himself so that he has his health and the energy he needs to continue caring for his wife.

## How You Can Help:

Register to be an "Adopt a Caregiver" sponsor and start raising money for an important cause.

- Ask friends and family members to donate.
- Send emails or letters to everyone in your address book asking them to support you.
- Host a fundraising event such as a car wash, tea party, themed event or bake sale.
- Display a donation jar at your workplace.
- Ask your company for a matching donation.

## SPONSORSHIP LEVELS AND BENEFITS

### 1 YEAR OF CAREGIVER RESPITE \$6,000

- Provides an average\* of 240 hours of in-home respite care or 75 days at an Adult Day Care Center
- Ten complimentary tickets with VIP seating at our annual Fundraising Event
- Recognition at our annual Fundraising Event
- Recognition in our newsletter, *Pathways*, and on our website: [www.deloro.org](http://www.deloro.org)

### 6 MONTHS OF CAREGIVER RESPITE \$3,000

- Provides an average\* of 120 hours of in-home respite care or 37 days at an Adult Day Care Center
- Six complimentary tickets to our annual Fundraising Event
- Recognition in our newsletter, *Pathways*, and on our website: [www.deloro.org](http://www.deloro.org)

### 3 MONTHS OF CAREGIVER RESPITE \$1,500

- Provides an average\* of 60 hours of in-home respite care or 18 days at an Adult Day Care Center
- Four complimentary tickets to our annual Fundraising Event
- Recognition in our newsletter, *Pathways*, and on our website: [www.deloro.org](http://www.deloro.org)

### 1 MONTH OF CAREGIVER RESPITE \$500

- Provides an average\* of 20 hours of in-home respite care or 6 days at an Adult Day Care Center
- Two complimentary tickets to our annual Fundraising Event

\*Actual hours may vary and is dependent upon the vendor chosen for respite.



8421 Auburn Blvd., Suite 265, | Citrus Heights, CA 95610  
(800) 635-0220 | (916) 728-9333 | [www.deloro.org](http://www.deloro.org)

## Registration Form:

Please Select:

- Individual Sponsor  
 Group Sponsor

Name: \_\_\_\_\_

Organization (if Group Sponsor): \_\_\_\_\_

Address: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Sponsorship Goal: \_\_\_\_\_

**Please mail your registration form to Del Oro or FAX to (916) 728-9313**

## Helpful Reminders:

- Checks should be made payable to Del Oro Caregiver Resource Center (DOCRC).
- Visa, M/C and American Express are accepted; please contact Michelle Nevins, Executive Director, at (916) 728-9333 to provide credit card information.
- Please turn in funds periodically or once you reach your sponsorship goal to:  
Michelle Nevins, Executive Director  
Del Oro Caregiver Resource Center  
8421 Auburn Blvd., Suite 265  
Citrus Heights, CA 95610
- Questions? Please contact Michelle Nevins, Executive Director

*"I didn't know where to turn for help until I found you. Thank you for your kind words of encouragement. Thank you for the 20 hours of respite to get me out of the house to do the things I desperately needed to get done—going to the dentist, Physical Therapy for my shoulder, and some much needed shopping. My spirits have been lifted and I feel so much better. Just knowing there are people who care makes a difference!"*

*—Client of Del Oro*